



**CWEA**

10

April 2026

# Return of the Sludge Trudge 5K

## EVENT INFO

North Natomas Regional Park  
4989 Natomas Blvd  
Sacramento, CA 95835

### DATE

Friday April 10, 2026

### TIME

12:30 PM Registration  
1:30 PM Start

### CWEA MEMBERS PRICE

\$20.00

### CWEA NON MEMBERS PRICE

\$25.00

For More Information or for  
Sponsorship Opportunities Call

**Nick Turlo**

**(916)875-9369**

Register on CWEA's website  
[mycwea.org](http://mycwea.org)

Credit cards only, CWEA does not  
charge a fee. Payment method is by  
credit card only. No refunds, attendee  
substitutions allowed.

## Sacramento Area Section is hosting the 5K Event for CWEA Members, Friends, and Family

- USATF Timed event
- RUN
- WALK
- HANGOUT

**This event is to follow the closing sessions  
of AC26 and only a 15 minute drive away.**

