

27 August 2025 TRAINING

# Laboratory Ergonomics

### **EVENT INFO**

### Webinar

A link will be sent after registration

#### DATE

WEDNESDAY, August 27, 2025

### TIME

12:00 P.M. - 1:00 P.M.

CWEA MEMBERS PRICE \$50.00 NON-MEMBERS PRICE \$75.00

TO REGISTER CONTACT Denny Tran dtran@ocwd.com 714-378-3359

REGISTER YOUR TEAM EARLY.

### Register on CWEA's website **mycwea.org**

Credit cards only, CWEA does not charge a fee. Payment method is by credit card only. No refunds, attendee substitutions allowed.

SPECIAL NOTE: Earn up to 1.0 CWEA Contact Hours. Registration ends Tuesday, August 26, 2025.

### **Speaker**

Deborah Read – ErgoFit Consulting, Inc.

### A webinar on Laboratory Ergonomics

Learn to reduce strain, prevent injuries, and enhance productivity in the lab.

## Join us for a comprehensive webinar on Laboratory Ergonomics!

- Musculoskeletal injuries, symptoms, risk factors, improvement big-picture concepts
- Laminar flow hoods / biological safety cabinet / benchtop work
- Pipettes & Syringes
- Glass bottle pouring
- Microscopes & Lightboxes
- Microbreaks

This session will cover broad overview of common risks for musculoskeletal discomfort in the lab setting, as well as simple yet impactful biomechanic and configuration solutions you can implement immediately to reduce those risks and prevent (or begin to reverse) your physical discomfort.

### Who Should Attend?

- Laboratory Managers/Supervisors
- Laboratory Staff
- Students