

REFLECTION

Optional for your second or third meeting.

Below is a thoughtful and fun exercise.

Mentors can ask mentees to take the time to reflect and state their greatest achievements. The mentee can think of all the things they are proud of. It is okay to boast. The mentee can go as far back as possible. Maybe that means even during high school, college, the first job you had, or the job you have now. These do not have to be work-related. Discuss these together.

MENTEE'S GREATEST ACHIEVEMENTS

MENTEE'S AREAS THAT YOU WOULD LIKE TO IMPROVE - CHALLENGES

